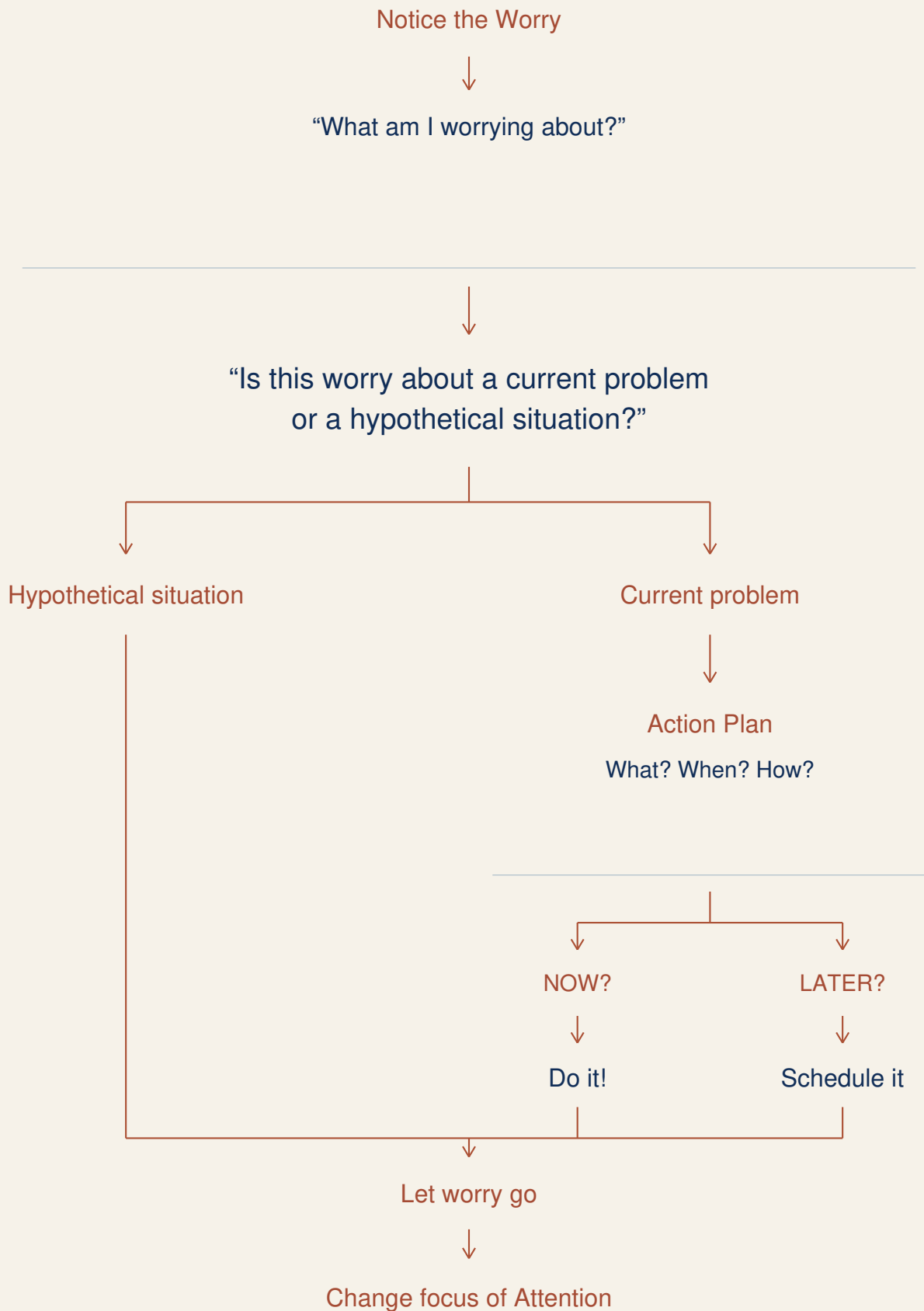


The Worry Tree.



Letting worry go means returning your attention to something useful.
The worry may still be there; you don't have to make it disappear.